

Oasis Counseling International

333 Norfolk Ave., Ste 201, Norfolk, NE 68701

PERSONAL BACKGROUND QUESTIONNAIRE

(To be completed by adolescent)

Purpose:

The purpose of this questionnaire is to obtain a comprehensive view of your background to save both you and your counselor time. Please be complete and accurate.

We desire to keep this information confidential, but your parents have a legal right to information up to a certain age. Therefore, please fill out the following with that in mind. During the course of therapy we will seek to work out a level of privacy that satisfies both you and your parents.

I. Basic Information

Name: _____ Date of Birth ___/___/___

Sex: M/F Race: _____

A. Members of Family

1. Could you briefly tell us about your parents below?

	Age	Occupation	If Deceased, Year of Death	If Divorced, age you were at the time
Mom	_____	_____	_____	_____
Dad	_____	_____	_____	_____

2. Was this your parent's only marriage?

3. What is (or was) their relationship with each other like?

4. Describe your father.

5. Describe your mother.

3. How does the struggle affect your thoughts, feelings, and behavior?

4. How often do you have this struggle, and how long has it existed?

5. How have you handled these struggles?

6. What would you like to get out of counseling?

7. How badly do you want counseling for your struggle(s)?

1	2	3	4	5	6	7	8	9	10
Being forced at me									One of my highest priorities

B. Medical History

1. Have you ever had any serious illnesses or injuries?

III. Developmental History

A. School Functioning

1. Do you vividly recall any significant events (bad or good) prior to beginning school?

2. What significant events occurred during your school years?

3. From the ages of 6 to 12 were you generally:

Outgoing? _____ Withdrawn? _____ Happy? _____ Sad? _____

4. How many close friends do you have? _____

5. Were there any significant changes in your attitudes toward yourself or others during junior high school?

Significant events? _____

6. Were there any significant changes in your attitudes toward yourself or others during high school?

Significant events? _____

7. What part does God play in your life?
